

BEHAVIORAL HEALTH MATTERS



BSA



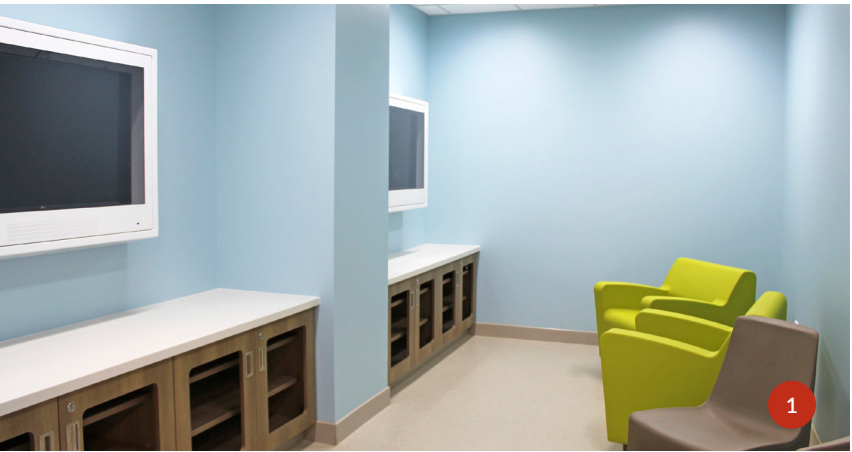
**Improving lives is the key to wellbeing.
And this humanity combined with
safety and inclusivity defines
our work in behavioral health.**

FOR THE FUTURE

The future of healthcare, and even more so of behavioral health, lies in our approach to whole-person wellbeing and the people who assist in their care. This approach leverages community health, equitable access to services, adaptability, and data and analytics.



- 1 A hybrid model that incorporates telehealth is used for in-person and virtual appointments.
- 2 Behavioral health patients often have a dual diagnosis requiring monitoring in an emergency department for both conditions. It can be easily hidden when necessary by consolidating all the equipment/supplies to one wall or area.
- 3 Providing staff and family respite areas—even if it's a simple lounge—allows them to step away for a moment. Areas of respite require designing for diverse needs such as focus, recharge, gather, and brainstorm.
- 4 The patient recovery mall is strategically placed as a “pavilion in the park,” enabling the resources to collectively serve behavioral health patients, caretakers, and the broader community.



FOR THE NEURODIVERSE COMMUNITY

Between 30% and 40% of the population are thought to be neurodiverse.¹ Many of this population are undiagnosed. Conditions include Autism Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD), and Dyslexia. Sensory stimulation, wayfinding, and distractions are all common challenges ameliorated through design.



- 1 Colors like blue and yellow and natural light in patient rooms, dining rooms, and activity spaces can encourage rational thinking and balanced circadian rhythms.
- 2 Places with clear lines of sight and viewpoints help orient us in a space. Designing spaces with intuitive wayfinding elements can assist our brains' innate positioning systems.
- 3 When combined with areas of respite and relief, energized spaces allow control in sensory stimulation leading to feelings of safety. Additionally, when safer spaces are provided for patients, staff also have a better experience.



1. "Neurodiversity and Other Conditions." ADHD Aware, 28 Nov. 2021, <https://adhdaware.org.uk/what-is-adhd/neurodiversity-and-other-conditions/>

FOR THE AGES

Mental illness affects everyone—all genders, young and old. We know that biological changes during aging and hormonal influences can lead to challenges that present in very diverse ways. But historically, the impact of sex, gender, and age on behavioral health has been understudied.



1



2



3



4

- 1 Access to daylight and nature in serene spaces enhances the connection to the exterior while providing adults with a safe and calming space.
- 2 Classrooms offer children/adolescents an opportunity to stay on pace with their peers in school and provide educational programming while students receive treatment.
- 3 Courses can help adults by providing the support needed to help when reintegrating into the workforce. This will give patients the resources they need and allow them to move back into their community.
- 4 By translating person-centered design strategies drawn from dementia-focused design interventions in residential settings, a dementia-supportive waiting room can support equitable access for older adults.

1975 Year BSA was founded

7 Regional Studios
AUSTIN | DENVER | INDIANAPOLIS | KANSAS CITY |
RALEIGH | ST. LOUIS | TAMPA

180 Employees across multiple disciplines

#18 2021 Modern Healthcare Construction and Design
Top Architecture Firms

#28 2021 Building Design and Construction
Top 150 Healthcare Architecture and AE Firms

 2020 Healthcare Environment Award
in the Student Winner for Graduate Project category
(NOLA Behavioral Health Inpatient Facility)

 2021 Indy Chamber Monumental Awards Achievement Award
in the Engineering Category - The NeuroDiagnostic Institute and
Advanced Treatment Center, Family & Social Services Administration
Indiana's first new state mental hospital since 1952



OUR STAND

In 1975 an architect and an engineer came together to establish BSA LifeStructures (BSA), a concept visionary for that time. Since then we have dedicated ourselves to bringing structures to life, creating facilities that support and enhance the practices of healing, learning and discovery through our studios in Tampa, Raleigh, Kansas City, St. Louis, Indianapolis, Austin, and Denver.

We employ an interdisciplinary and interpractice approach to design. Moving away from traditional design, decisions are not made in silos. Instead, they are evaluated across multiple disciplines and practices to produce viable solutions that shape our future.

Our collective mission for the future is to move healthcare from treatment to wellbeing; from uncertainty to resiliency; and from indifference to community investment; all supported and proven by metrics.

ARCHITECTURE

PLANNING

PROJECT
MANAGEMENT

SYSTEMS
ENGINEERING

CIVIL / SITE

INTERIOR
DESIGN



Design that inspires
what's next.

**Creating inspired solutions
that improve lives.**



Creating inspired solutions that improve lives

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